

Balance training board made up of a ball and two boards tied by two strong elastics for all-round, diverse balance, rehabilitation and joint strengthening exercises. Its structure allows a 360° movement range during which the athlete is never hit by anything.

The board is useful in exercises with arm and knee support, too. Already assembled.



TECHNICAL SPECIFICATIONS

Product code	133100
Length	54 cm
Width	38 cm
Height	16 cm
Recommended max load	120 kg

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