

Code 135030

The double exercise pulley with wall bar is a useful instrument for muscle strengthening and resistance exercises for upper and lower limbs. The device must be fixed to the wall and is made of two lateral pulley systems and of a wall bar with 13 wooden rungs and powder coated steel uprights.




Equipped with handles, pulleys and snap hook.

The exercises can be carried out sitting or standing and with different weights (cast iron disks).

The pulleys can be adjusted and blocked in any position all along the height of the structure.



TECHNICAL SPECIFICATIONS AND SUPPLIED EQUIPMENT

Height	240 cm	
Width	145 cm	
Depth	28 cm	
Handles	2	
Pulley	4	
Snap hook	2	

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OPTIONAL ACCESSORIES

Code	Description	
136041	1 kg cast iron weights. Max 8 kg per side	
136052	Ankle strap with hook	
137116	S hook	
136031	0.5 kg sandbag with eyelet	
136032	1 kg sandbag with eyelet	
136033	2 kg sandbag with eyelet	
136034	3 kg sandbag with eyelet	
136035	4 kg sandbag with eyelet	
136036	5 kg sandbag with eyelet	

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