

The AIREX® Balance products are active devices for therapy and workout produced with the well-known AIREX® soft material. The AIREX® Balance Pad Elite differs from the Balance Pad in that it has a honeycomb structure on the top and on the bottom.

The width is 6 cm – this gives to the Balance Pad Elite the desired characteristics of instability.

The yielding foam the pad is made of, causes a constant challenge to the body in maintaining balance and stabilising the joints. The exercises are more intense than without the Balance Pad Elite.

Working out with Balance Pad Elite may improve strength, endurance and balance.

We advise to use the Balance Pad Elite on an AIREX® mat, especially when lying down or during lateral lifting exercises.



### Three tips for your AIREX® products

1. Use the products barefoot or in socks (no sneakers)
2. If your products get dirty, clean them with ordinary soapy water. Disinfection is not going to be necessary thanks to integrated Sanitized protection!
3. Let the AIREX® products air dry thoroughly if they get wet (they can also be used outdoors)

**NOTICE:** As a result of the peculiar manufacturing process, the dimensions of the mat may be slightly different from the ones here described. The main difference may occur in the length of the product.

**AIREX® BALANCE PAD ELITE is suitable for:**  
pilates, fitness, yoga, physiotherapy and rehabilitation, club sport.

## MODELS – DIMENSIONS TECHNICAL SPECIFICATIONS

Code	Length	Width	Height	Weight	Colour
144231	50 cm	41 cm	6 cm	0,68 kg	Blue
144232	50 cm	41 cm	6 cm	0,68 kg	Kiwi
144233	50 cm	41 cm	6 cm	0,68 kg	Lava
144234	50 cm	41 cm	6 cm	0,68 kg	Pink

### FISIOTECH SRL

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